

# BODY TREATMENTS

Guided entirely by your individual needs, each treatment combines the elements of Wu Xing with ancient techniques and the most powerful and effective actives and ESPA oils to leave you looking and feeling your best.

## Back, Face & Scalp Treatment

85 minutes | £110

Often-imitated, never matched, our 'hero' treatment combines exfoliation and advanced massage techniques to target the three core relaxation points – the back, the face and the scalp – making it the ideal treatment to soothe muscles and relieve stress.

## Pre & Post Natal Treatment

55 minutes | £70

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas safely smooth and nourish skin while expert massage relieves aches and pains.

## Hip & Thigh Treatment

55 minutes | £70

Transform the appearance of your hips, thighs and legs with this revitalising, results-focused treatment. Working swiftly and effectively, powerful detoxifying actives combine with targeted massage to instantly diminish cellulite and fluid retention, dispel toxins and boost circulation.

## Touch Therapy Specialist Massage

55 minutes | £70

25 minutes | £35

After thorough training with the Amethyst Trust our therapists are now able to provide specialist massage to those with or recovering from cancer. Our nurturing Touch Therapy Massage has been known to aid sleep, reduce pain, reduce anxiety and nausea and help create a feeling of wellbeing.

## Organic Body Wraps

55 minutes | £65

Purify your body and deeply replenish your skin with our personalised body wraps. Reveal instant results from our naturally detoxifying algae or nourishing marine mud wrap, which will leave skin looking refined, toned and beautifully radiant.

## Muscle Reviver

40 minutes | £55

This fast-acting, stress-relieving massage focusses on the back, face and scalp, working to alleviate built-up pressure and tightness. Ideal for those who suffer with tension headaches or neck strain.

For more information or to book please visit [www.GentingHotel.co.uk](http://www.GentingHotel.co.uk) or call 0121 273 1000